



YAGYA

What is Yagya?

Why do we perform Yagya?

Yagna / Yagya

- **Meaning:**

is from a Sanskrit word **Yaj** that has three-part meaning:

1. **Divinity** : refined personality, person having divine virtues
2. **Unity** : cooperation, teamwork, oneness
3. **Charity** : generous sharing, devotion to society and considering the whole universe as one's own family

- **Types of Yagya**

400 Yagnas defined in Shastras (Holy books):

Seva Yagya – Selflessly helping others

Gnana Yagya – Donation of Knowledge

Life Saving Yagya – Donation of blood, organs to other

Agnihotra – Fire Yagya

Deep Yagya

Divinity
Unity
and Charity

Serving
without any
expectation
is yagya

Yagya - Agnihotra

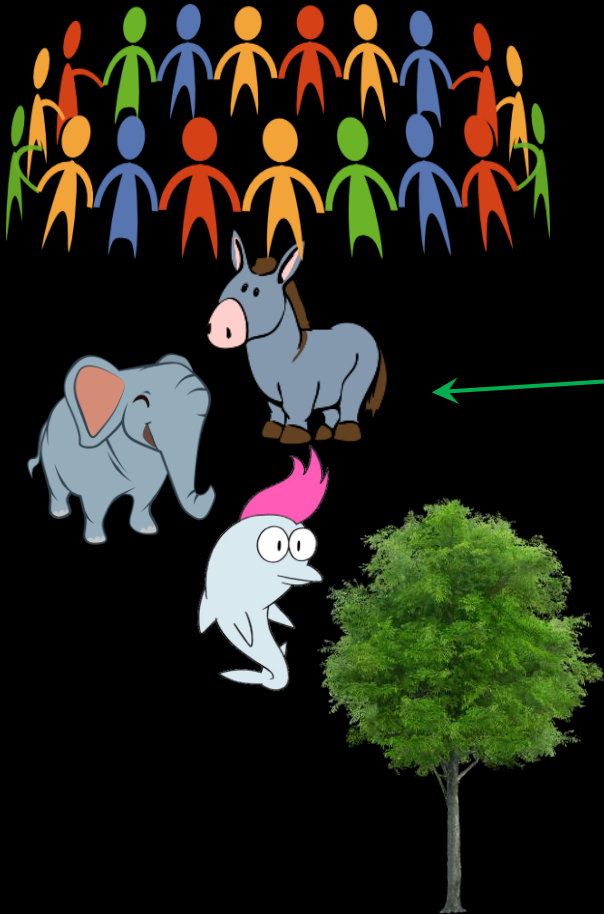
Why Yagya:

- Is more than a ritual
- Is based on scientific laws of nature
- Teaches us a way of life to promote wellbeing and happiness for everyone.



Yagya – What happens during yagya

Purifies the environment
Provides Nutrition to all life:
Plants, Animals, Humans

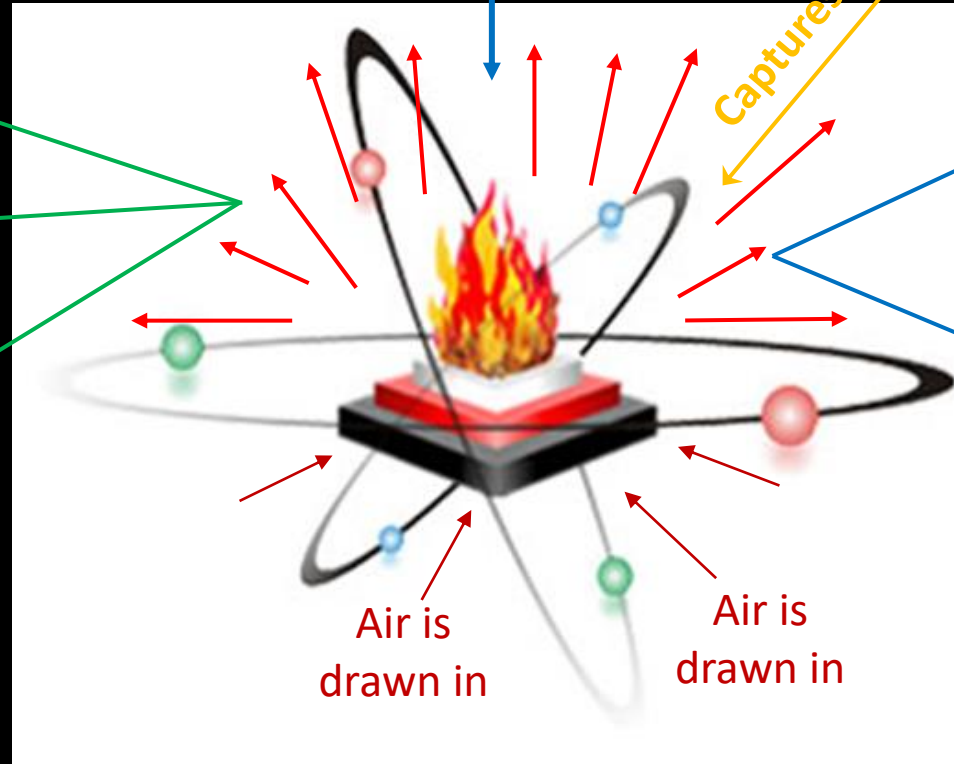


Prana
Energy (life
force) is
drawn
Down

And
Harmonizes the
functioning of
Prana all
arounds us



Purified Air with vital energy sent out



Purifies the
Atmosphere

Purifies
Water Resource:
River, Oceans, etc.

Yagya / Havan Kund

- Shape of Agnikund – ‘Inverted Pyramid’
- Pyramid – Receive, Generate & Spreads (controlled) the Cosmic Energy



Three Aspects of Yagya ➡

Heat Energy
Sound Energy – Mantra

Physical, Psychological and
Spiritual benefits

SUBTLE (Psychological / Emotional):

- Effect of Mantra activate energy within us and around us.
- It help purify our thought / creates feeling of peace: removes ego, anger, jealousy, and makes the mind full of love:
- Increases our Spiritual energy
- Help us focus our mind

Power of Mantras: Gayatri Mantra produces 1,08,000 vibrations/sec

SOCIAL (Unity / Togetherness)

- Symbol of Unity & togetherness –for a common purpose which is welfare of whole universe – YAGYA ARE DONE TOGETHER
- Promotes Social Networking irrespective of caste, creed, gender, nationality – EVERYONE / ANYONE CAN PARTICIPATE

SCIENTIFIC (Physical)

- Renews the brain cells
- Purifies your blood
- Revitalizes the skin
- Removes pathogens in your body



Yagya / Hawan Samagri

Wood

Sandal,
Bael,
Shami,
Bilva,
Gular
Peepal,
Bargad

Burning &
Vaporization of
wood

Odoriferous
Substance

Camphor,
Saffron,
Jayphal,
Illayachi
Cardamom

Steam Volatilization

Healthy
Constituents

Ghee, milk
Cereals
Fruits

Burning of fatty substances

Sweet
Substances

Sugar,
Honey,
Jaggery,
Dried Fruits

Medicinal
Herbs

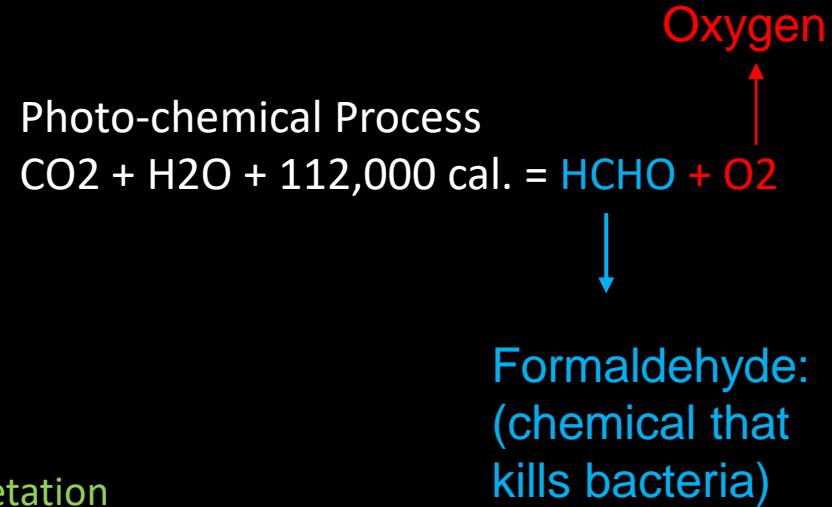
Brahmi,
Shankhapuspi
Giloy
Cloves
Gugal

Combustion

**When we offer
Hawan Samgri
to the fire –
Fire transforms
the matter (the
physical
material) into
energy and
expands its
positive effects
into the
surroundings.**

Environmental Benefits of Yagya (Agnihotra)

- Removal of foul odors
- Removal of bacteria
- Removal of insects
- Positive Effects on Vegetation
 - Ash as fertilizer
 - CO2 produced
 - CO2 produced as slow combustion process helps vegetation



Yagya (Agnihotra)

Is a healing process.

Heal the environment and the healed environment will
heal you.'

Is based on scientific laws of nature.

Promote wellbeing and happiness of everyone.